FRC Contact Information

First Reformed Church
1101 7th Street
Sheldon, Iowa 51201
Church Office: 712.324.2130

www.sheldonfirstreformed.com
www.facebook.com/sheldonfirstreformed

Worship Service Broadcast
Tuesday, 4 PM | Local cable Ch. 12
Sunday, 10 AM | Radio 100.7 FM

Pastor Paul Van Maaren
Senior Pastor
paul@sheldonfirstreformed.com
712.324.3311 (home)

Caitie Fagen
Youth Director
caitie@sheldonfirstreformed.com

Shannon Baack
Director of Music & Worship
shannon@sheldonfirstreformed.com

Sami Fox
Director of Children's Discipleship
sami@sheldonfirstreformed.com

Wendy Peelen
Administrative Assistant
wendy@sheldonfirstreformed.com

Deb Zebedee
Mike Kleinwolterink
Custodians

Brenda Godbersen
Volunteer Coordinator
Prayer Chain/E-prayer
brendagodbersen@gmail.com

Gary De Hoogh
Calling Elder - 712.348.2647
gndehoogh@msn.com

SUNDAY SERVANTS

THIS WEEK - October 18

SOUND/VIDEO: Evan, Amber & Chad
FIRST IMPRESSIONS TEAM: #3
MORNING COFFEE: Sheila Z
ELDER PRAYER: Dennis Ten Clay
FRONT DOOR: Randy Fonkert
CHILDREN & WORSHIP: Sami F, JoElyn TC, Aylah S, Lydia TC
NURSERY: Deb DH & Ashley K
SUNDAY SCHOOL NURSERY: Jim & Jennifer G
ORGAN: Jett
VOCALS: Gered, Koby, Tom, Caitie, Kayli & Dianne
PIANO: Deanna
BASS: Parker
DRUMS: Ethan

NEXT WEEK - October 25

SOUND/VIDEO: Tim, Wendy & Parker
FIRST IMPRESSIONS TEAM: #4
MORNING COFFEE: Melissa L
ELDER PRAYER: Brad Bosma
FRONT DOOR: Kendall De Groot
CHILDREN & WORSHIP: Sheila P, Kelsey C, Claire P & Emersan dB
NURSERY: Jacob & Sami F
SUNDAY SCHOOL NURSERY: Tyler & Elise D
ORGAN: Deanna
VOCALS: Dennis, John, Joshua, Laura, Maliyah & Twyla
PIANO: JoElyn
BASS: Kristin
DRUMS: Luke

First Reformed Church

"Building God's Kingdom One Life at a Time"

"The Birds and the Bread"

Exodus 16:1-16

Next Steps Code

October 18, 2026
Sunday School | 10:45-11:30 AM
Worship | 9:30 AM

Online: www.sheldonfirstreformed.com/worshipservices.cfm

GROW

Groups and classes are available for all ages to connect and grow. For more information, visit the Welcome Table or contact Wendy.

SERVE

Sign up for opportunities to serve Sheldon, on a mission trip, or at FRC. Visit the Welcome Table or *sheldonfirstreformed.com.*

GIVE

Giving is an act of worship. You can give by placing your gift in the black offering boxes before worship, text "SFRC" to 833-484-7253, or give online at *sheldonfirstreformed.com/give/.*

YOUTH

Our Wednesday night ministry for 7th & 8th grades will meet at 6:15-7:30 PM. Our high school will meet at 7:45-9 PM. Both meet in the Youth House at the southwest corner of the campus. Contact Caitie at *caitie@sheldonfirstreformed.com* or check for updates on Facebook, frcsheldon-student ministries.

CHILDREN

During worship, childcare is available for children birth-3 years and Children & Worship for kids 3 years–K. During Sunday school hour, classes are available for ages 3+ years. Wednesday night activities for Awana are for ages 3yr - 6th grade. See the Welcome Table for class locations for Sunday school & Wednesday nights. For more information, contact Sami at *sami@sheldonfirstreformed.com*.

WHO WE ARE

FRC provides worship, discipleship and community to grow in faith in Jesus Christ. Together we are building God's kingdom one life at a time.

NEXT STEPS

Can we help you get connected? Stop by the Welcome Table at the front entrance today to learn about opportunities or visit sheldonfirstreformed.com for more info.

WORSHIP

Worship at FRC any Sunday at 9:30 AM and stay for fellowship following the service. Hearing assistance devices are available for use. Please ask a host at the Welcome Table.

SEPTEMBER MONTHLY GIVING

General Fund:	**$ 73,082.00**
Benevolent Fund:	**$ 63,161.80**
2026 Monthly Needs:	**$ 48,842.50**
2026 Annual Budget:	**$ 586,110.06**

Average Attendance/Views: 298/143
September Volunteer Hours: 851.75

THIS WEEK'S ACTIVITIES

Oct 18 **PRAISE TEAM PRACTICE: 8:00 AM**
CHOIR SINGS: 8:30 AM meet in Youth House
MS FROZEN FOOD SALES after service
CREATIVE MOVEMENT PRACTICE: 4:30 PM

Oct 19 **SHELDON UNITY MEAL: 5:30-6:30 PM** @ Living Water Church

Oct 20 **ELDERS/DEACONS MEETINGS: 6:30 PM**
CONSISTORY MEETING: 7:30 PM in Youth House

Oct 21 **AFTERNOON CIRCLE: 1:30 PM** in Fellowship Hall

NEXT WEEK'S ACTIVITIES

Oct 25 **PRAISE TEAM PRACTICE: 8:00 AM**
CREATIVE MOVEMENT PRACTICE: 4:30 PM

Oct 31 **TRUNK OR TREAT: 4:30-6:30 PM** in north parking lot

YOUTH MINISTRY NEEDS:

- **Middle School Adult Volunteers**

If you have any questions or are willing to help, please contact Caitie at caitie@sheldonfirstreformed.com.

OPEN FALL CHILDREN'S DISCIPLESHIP POSITIONS:

- 3rd Grade Sunday School Co-Teacher (every other week)
- Awana Sparks (K-2) Large Group Leader (Teach 1x per month)
- Awana Sparks (K-2) Small Group Leaders - 2
- Awana T&T (3-6) Small Group Leaders - 2

Please contact Sami if you are willing to fill one of these areas at sami@sheldonfirstreformed.com.

WEEKLY WEDNESDAY - OCTOBER 21

5:00-6:15 PM: Hot Beef
(10/14 meal: 150 fed, $118 donated)
6:00-7:30 PM: Awana
6:15-7:30 PM: Middle School Youth Group
6:30-7:30 PM: Adult Bible Study
7:30-8:10 PM: Choir Practice
7:45-9:00 PM: High School Youth Group

OUTREACH OPPORTUNITY

SATURDAY, OCTOBER 31
4:30-6:30 PM

It will be held in the north parking lot. A sign up sheet is on the Welcome Table for those who would like to participate.
Let's fill the parking lot!

WAYS TO HELP...

- If you would like to donate candy for this event, please bring it to the church office.
- We will be serving hotdogs and drink and handing out some trinkets. If you would like to help with this, please contact the church office.

Awana
Because Kids Matter to God

Wednesday, October 21

The Awana Store will be located in the overflow area. Kids have been assigned times they can shop at the store.

Times Sparks kids can visit the store:
5:40-6:00 PM
6:15-6:40 PM
Times T&T kids can visit the store:
5:15-5:35 PM
7:05-7:30 PM

The members of the Adult Bible Study will be helping the kids make their purchases.

Sound & Camera Techs are needed

- We could use several more people to run the sound board. We are looking for people who are in high school or older.
- We could use 4 people to run the cameras. Ideally we are looking for kids in 5th/6th grades, middle school or older individuals.

Duties would generally entail one duty every 1-2 months. We will provide training until you are comfortable to do sound or camera on your own. Please contact Wendy if you are willing to help out by calling the church (324.2130) or emailing her at wendy@sheldonfirstreformed.com.

PRAYERS & PRAISES

- Pray for Nancy, Jaci and Justin Martens. Murray died on Wednesday evening.
- Pray for Kendall De Groot's daughter, Kristin Grave. Pray for complete recovery from her stroke and strength so she may be able to return home from Europe.
- Praise God that Ron Kooima's partial hip replacement surgery went well. He will be moved to the Sheldon Hospital where he will have physical therapy and further treatment.
- Pray for Bill Lawson as he recovers at home from his heart surgery.
- Praise God that they did not amputate Kirk Dekker's finger. Pray that further follow-up continues to be favorable.
- Pray for God to work in the hearts of our members to encourage them to serve in the remaining unfilled areas in our children's and youth ministries.
- Pray for those recovering from broken bones and surgeries.
- Please continue to pray for those who have lost loved ones. That first year without them is hard and prayers often are all we can do to comfort them.
- Continue to pray for those in our church who are fighting cancer: Kathi Stellinga, Bonnie Fonkert, Francine Vander Pol and many others. Pray that their treatments will be successful.

Baskets are on the table at the back of the sanctuary (in the narthex) for Alora and Dixie, twin daughters of Don & Emily Tune. Please add items to their baskets by Monday, November 23.

As America is celebrating 250 years this year, Sheldon First Reformed Church would like to honor and recognize our community's Veterans and First Responders on Saturday, November 14. We will be serving pancakes and sausage at the Sheldon Community Center from 8:00 AM- 10:00 AM. We encourage Veterans and those currently serving in our military and the First Responders of our community to attend. We also encourage our community to attend to thank these people for what they have done and currently do. And while doing this, enjoy some pancakes and sausage. If anyone would like to send pictures of those be honored, please send to paul@sheldonfirstreformed.com.

MARK YOUR CALENDARS

OCT 18 **CHOIR SINGS** - meet at 8:30 AM in the Youth House
OCT 21 **FROZEN FOOD SALES ENDS** - sales forms due
OCT 31 **TRUNK OR TREAT: 4:30-6:30 PM** - in north parking lot

ADULT DISCIPLESHIP OPPORTUNITIES

- **Women's Afternoon Bible Study**: Meets on the 3rd Wednesday of the month at 1:30 PM in the church lounge.
- **Women's Evening Circle**: Meets on the 3rd Thursday of the month at 7:00 PM in the church lounge.
- **Adult Bible Study:** Meets on Wednesday nights from 6:30-7:30 PM in the overflow area.

THE FOLLOWING MEET during Sunday School Hour (10:45-11:30 AM)

- **"The Guide"** - Meets in the Youth House.
- ***"Ecclesiastes - Finding Meaning When Life Feels Meaningless"*** - Meets in room 23 on lower-level.
- ***"Christ Over Culture"*** - Meets in room 22 on lower-level.
- ***"New Members Class"*** - Meets in room 34 on upper-level.
- ***"Study of Daniel"*** - Meets in Room 21 on lower-level.
- **"Couples of the Old Testament"** - Meets in the Ark Room (large space) on lower-level.

Creative Movement

If you haven't signed up yet, it is not too late. The sign-up sheet is on the Welcome Table. Practices are at 4:30 PM on Sunday afternoon. Enter in the north door by the kitchen. Practices last about a half hour.

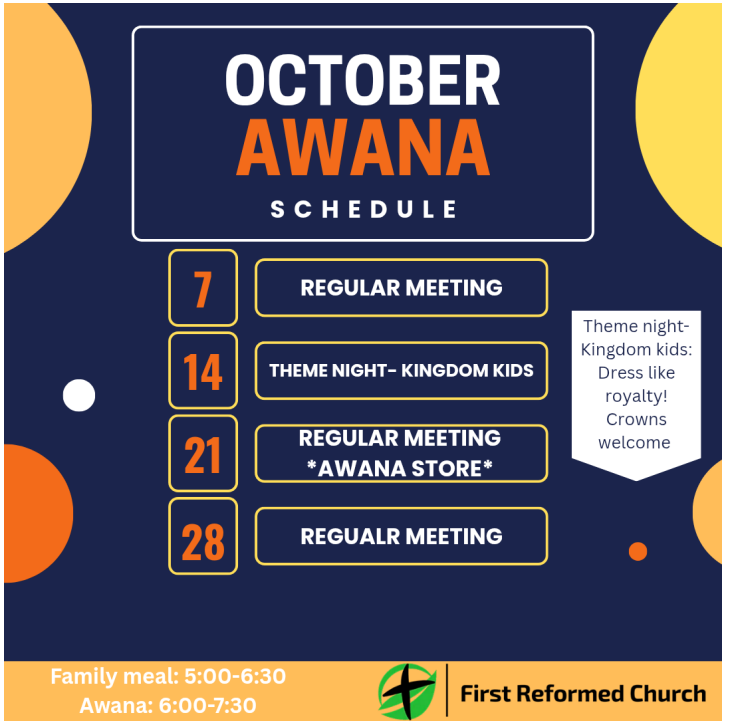
New and gently used winter coats are needed for the Coats for Kids distributions. Drop off your donations at Love INC (611 Park Row) anytime between now and October 30. *Children's coats only please*. Distribution dates: Oct 6 & Nov 3 from 4:30-6:00 PM at Bethel Reformed Church (711 6th Avenue).

The Mission Committee is looking for THREE volunteers to be members of the mission committee starting in January of 2027. It would be a three-year term. Contact Rodney Kruse with any questions at 712.348.4232 or at rodneykruse@hotmail.com.

OUTREACH COLLECTIONS

SPORTS SNACK PACKS

We will be making snack packs for Sheldon students involved in activities. We would like to collect Gatorade and granola bars. Please bring these items and place them in the labeled tub in the Fellowship Hall.



Collection for NCC Thunder Cupboard

We will be collecting items through November 8.

Please see the list of items below. Marked tubs will be placed in the Fellowship Hall. Other items are welcome as well!

- Sugar
- Wheat flour
- Pasta
- White rice
- Brown rice
- Cooking oil
- Cereal
- Bread
- Juice
- Kidney/pinto beans
- Pancake mix
- Peanut butter
- Jelly
- Ramen noodles
- Tea
- Coffee
- Spaghetti & other noodles
- Tortillas
- Tomato paste
- Canned chicken
- *Milk*
- *Butter*
- *Eggs*
- ◊ *Bananas*
- ◊ *Apples*
- ◊ *Oranges*
- ◊ *Tomatoes*
- ◊ *Potatoes*
- ◊ *Onions*

Place items that need to be refrigerated (🌀) in the south refrigerator in the kitchen. Place fruit & vegetables (◊) on the west counter in the kitchen.