FRC Contact Information

First Reformed Church
1101 7th Street
Sheldon, Iowa 51201
Church Office: 712.324.2130

www.sheldonfirstreformed.com
www.facebook.com/sheldonfirstreformed

Worship Service Broadcast
Tuesday, 4 PM | Local cable Ch. 12
Sunday, 10 AM | Radio 100.7 FM

Pastor Paul Van Maaren
Senior Pastor
paul@sheldonfirstreformed.com
712.324.3311 (home)

Caitie Fagen
Youth Director
caitie@sheldonfirstreformed.com

Shannon Baack
Director of Music & Worship
shannon@sheldonfirstreformed.com

Sami Fox
Director of Children's Discipleship
sami@sheldonfirstreformed.com

Wendy Peelen
Administrative Assistant
wendy@sheldonfirstreformed.com

Deb Zebedee
Mike Kleinwolterink
Custodians

Brenda Godbersen
Volunteer Coordinator
Prayer Chain/E-prayer
brendagodbersen@gmail.com

Gary De Hoogh
Calling Elder - 712.348.2647
gndehoogh@msn.com

SUNDAY SERVANTS

THIS WEEK - October 25

SOUND/VIDEO: Tim, Wendy & Parker
FIRST IMPRESSIONS TEAM: #4
MORNING COFFEE: Melissa L
ELDER PRAYER: Brad Bosma
FRONT DOOR: Kendall De Groot
CHILDREN & WORSHIP: Brenda G, Kelsey C, Claire P & Emersan dB
NURSERY: Jacob & Sami F
SUNDAY SCHOOL NURSERY: Tyler & Elise D
ORGAN: Deanna
VOCALS: Dennis, John, Joshua, Laura, Maliyah & Twyla
PIANO: JoElyn
BASS: Kristin
DRUMS: Luke

NEXT WEEK - November 1

SOUND/VIDEO: Mark, Jessica & Nicole
FIRST IMPRESSIONS TEAM: #1
MORNING COFFEE: Dianne W
ELDER PRAYER: Galen Blankers
FRONT DOOR: Cleiton Zanela
CHILDREN & WORSHIP: Erica W, Brittany P, Kailey J & Natalie J
NURSERY: Deb TC & Cambree DH
SUNDAY SCHOOL NURSERY: Andy & Kelsey C
ORGAN: Jett
VOCALS: Brennan, Maison, Tom Alee, Caitie & Lesa
PIANO: Shelley
BASS: Kristin
DRUMS: Ethan

First Reformed Church

"Building God's Kingdom One Life at a Time"

"Bread from Heaven"

Exodus 16:17-36

Next Steps Code

October 25, 2026
Sunday School | 10:45-11:30 AM
Worship | 9:30 AM

Online: www.sheldonfirstreformed.com/worshipservices.cfm

GROW

Groups and classes are available for all ages to connect and grow. For more information, visit the Welcome Table or contact Wendy.

SERVE

Sign up for opportunities to serve Sheldon, on a mission trip, or at FRC. Visit the Welcome Table or *sheldonfirstreformed.com.*

GIVE

Giving is an act of worship. You can give by placing your gift in the black offering boxes before worship, text "SFRC" to 833-484-7253, or give online at *sheldonfirstreformed.com/give/.*

YOUTH

Our Wednesday night ministry for 7th & 8th grades will meet at 6:15-7:30 PM. Our high school will meet at 7:45-9 PM. Both meet in the Youth House at the southwest corner of the campus. Contact Caitie at *caitie@sheldonfirstreformed.com* or check for updates on Facebook, frcsheldon-student ministries.

CHILDREN

During worship, childcare is available for children birth-3 years and Children & Worship for kids 3 years–K. During Sunday school hour, classes are available for ages 3+ years. Wednesday night activities for Awana are for ages 3yr - 6th grade. See the Welcome Table for class locations for Sunday school & Wednesday nights. For more information, contact Sami at *sami@sheldonfirstreformed.com*.

WHO WE ARE

FRC provides worship, discipleship and community to grow in faith in Jesus Christ. Together we are building God's kingdom one life at a time.

NEXT STEPS

Can we help you get connected? Stop by the Welcome Table at the front entrance today to learn about opportunities or visit sheldonfirstreformed.com for more info.

WORSHIP

Worship at FRC any Sunday at 9:30 AM and stay for fellowship following the service. Hearing assistance devices are available for use. Please ask a host at the Welcome Table.

SEPTEMBER MONTHLY GIVING

General Fund:	$ 73,082.00
Benevolent Fund:	$ 63,161.80
2026 Monthly Needs:	$ 48,842.50
2026 Annual Budget:	$ 586,110.06

Average Attendance/Views: 361/147
September Volunteer Hours: 851.75

THIS WEEK'S ACTIVITIES

Oct 25 **PRAISE TEAM PRACTICE: 8:00 AM**
NO CREATIVE MOVEMENT PRACTICE TODAY due to funeral

Oct 31 **TRUNK OR TREAT: 4:30-6:30 PM** in north parking lot

NEXT WEEK'S ACTIVITIES

Nov 1 **DAYLIGHT SAVINGS TIME ENDS -** Remember to set your clocks back an hour!
PRAISE TEAM PRACTICE: 8:00 AM
CREATIVE MOVEMENT PRACTICE: 4:30 PM

Nov 2 **HANDS OF HOPE MEETING: 6:30 PM** in lounge

Nov 5 **EXECUTIVE TEAM MEETING: 7 AM** in Pastor's Study

YOUTH MINISTRY NEEDS:

- **Middle School Adult Volunteers**

If you have any questions or are willing to help, please contact Caitie at caitie@sheldonfirstreformed.com.

OPEN FALL CHILDREN'S DISCIPLESHIP POSITIONS

- 3rd Grade Sunday School Co-Teacher (every other week)
- Awana Sparks (K-2) Large Group Leader (Teach 1x per month)
- Awana Sparks (K-2) Small Group Leader
- Awana T&T (3-6) Small Group Leader

Please contact Sami if you are willing to fill one of these areas at sami@sheldonfirstreformed.com.

WEEKLY WEDNESDAY - OCTOBER 28

5:00-6:15 PM: Pulled Pork/Bun
(10/21 meal: 160 fed, $258 donated)
6:00-7:30 PM: Awana
6:15-7:30 PM: Middle School Youth Group
6:30-7:30 PM: Adult Bible Study
7:30-8:10 PM: Choir Practice
7:45-9:00 PM: High School Youth Group

OUTREACH OPPORTUNITIES

SATURDAY, OCTOBER 31
4:30-6:30 PM

It will be held in the north parking lot. A sign up sheet is on the Welcome Table for those who would like to participate.

Let's fill the parking lot!

WAYS TO HELP...

- If you would like to donate candy for this event, please bring it to the church office.
- We will be serving hotdogs and drink and handing out some trinkets. If you would like to help with this, please contact the church office.

As America is celebrating 250 years this year, Sheldon First Reformed Church would like to honor and recognize our community's Veterans and First Responders on Saturday, November 14. We will be serving pancakes and sausage at the Sheldon Community Center from 8:00 AM- 10:00 AM. We encourage Veterans and those currently serving in our military and the First Responders of our community to attend. We also encourage our community to attend to thank these people for what they have done and currently do. And while doing this, enjoy some pancakes and sausage. If anyone would like to send pictures of those being honored, please send to paul@sheldonfirstreformed.com.

Sound & Camera Techs are needed

- We could use several more people (2) to run the sound board. We are looking for people who are in high school or older.
- We could use 4 people to run the cameras. Ideally we are looking for kids in 5th/6th grades, middle school or older individuals as well.

These duties seem daunting, but are actually much easier than you may think. Your service would generally entail one duty every 1-2 months. We will provide training until you are comfortable to do sound or camera on your own. Interested people, please contact Wendy by talking to her, calling the church (324.2130) or emailing her at wendy@sheldonfirstreformed.com.

PRAYERS & PRAISES

- Pray for Nancy, Jaci and Justin Martens as they celebrate Murray's earthly life today at 5 PM.
- Praise God for the marriage of Damon & Paige Van Beek. Pray that God will bless their life together.
- Praise God for a successful first Awana Store evening. A special praise to all who helped the kids pick out items in the store and with clean-up.
- Pray for God to work in the hearts of our members to encourage them to serve in the remaining unfilled areas in our children's and youth ministries.
- Please continue to pray for those who have lost loved ones. That first year without them is hard and prayers often are all we can do to comfort them.
- Continue to pray for those in our church who are fighting cancer: Kathi Stellinga, Bonnie Fonkert, Francine Vander Pol and many others. Pray that their treatments will be successful.
- Praise God that Kristin Grave, Kendall De Groot's daughter, was able to return home. Pray that she may recover completely from her stroke.
- Praise God that Ron Kooima has returned to Sheldon where he will continue therapy and treatment following his hip surgery.
- Pray for safety for our farmers and drivers on the roads while harvest continues. Pray that people will be mindful of slow moving vehicles and machinery on the roads.
- Pray for those recovering from broken bones and surgeries.
- Pray for our current collections and upcoming activities here at FRC: food collection for NCC, collection of snack pack items for school activities, Trunk or Treat, and the Veteran's & First Responders appreciation breakfast. Pray that FRC members will help with them by making needed donations or by volunteering.
- Pray for God's guidance as we vote for candidates in the upcoming election.

Creative Movement

There will be NO Movement practice TODAY (October 25) due to the funeral .

Baskets are on the table at the back of the sanctuary (in the narthex) for Alora and Dixie, twin daughters of Don & Emily Tune. Please add items to their baskets by Monday, November 23.

MARK YOUR CALENDARS

Oct 25 **NO CREATIVE MOVEMENT TONIGHT**

Oct 31 **TRUNK OR TREAT: 4:30-6:30 PM** - in north parking lot

Nov 1 **DAYLIGHT SAVINGS TIME ENDS** - set your clock back one hour

Nov 8 **CREATIVE MOVEMENT PERFORMS** - be here at 8:45 AM to practice
DEADLINE TO BRING ITEMS FOR NCC THUNDER CUPBOARD

Nov 15 **CHOIR SINGS** - meet at 8:30 AM in Youth house

ADULT DISCIPLESHIP OPPORTUNITIES

- **Women's Afternoon Bible Study**: Meets on the 3rd Wednesday of the month at 1:30 PM in the church lounge.
- **Women's Evening Circle**: Meets on the 3rd Thursday of the month at 7:00 PM in the church lounge.
- **Adult Bible Study:** Meets on Wednesday nights from 6:30-7:30 PM in the overflow area.

The following meet during the Sunday school hour (10:45-11:30 AM)

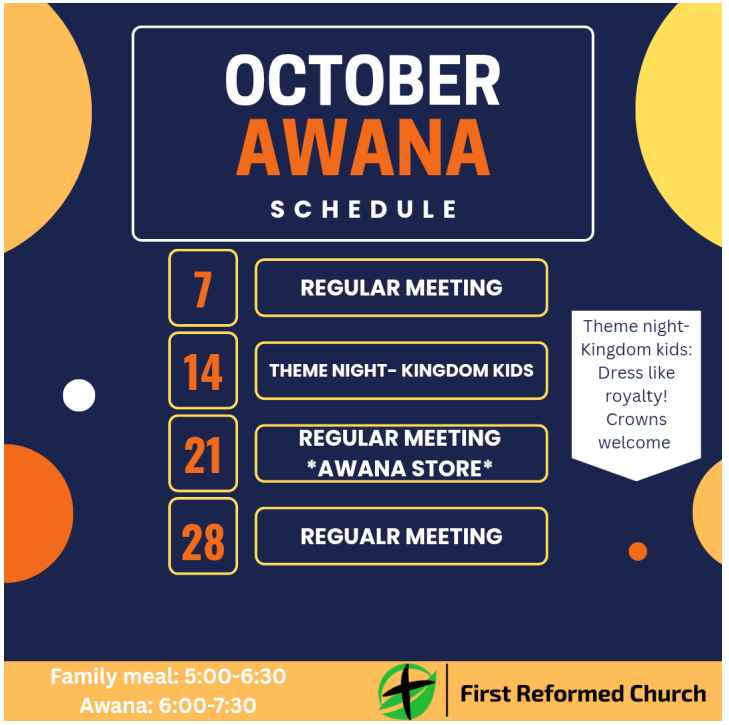
- **"The Guide"** - Meets in the Youth House.
- ***"Ecclesiastes - Finding Meaning When Life Feels Meaningless"*** - Meets in room 23 on lower-level.
- ***"Christ Over Culture"*** - Meets in room 22 on lower-level.
- ***"New Members Class"*** - Meets in room 34 on upper-level.
- ***"Study of Daniel"*** - Meets in Room 21 on lower-level.
- **"Couples of the Old Testament"** - Meets in the Ark Room (large space) on lower-level.

New and gently used winter coats are needed for the Coats for Kids distributions. Drop off your donations at Love INC (611 Park Row) anytime between now and October 30. *Children's coats only please*. Distribution dates: Oct 6 & Nov 3 from 4:30-6:00 PM at Bethel Reformed Church (711 6th Avenue).

OUTREACH COLLECTIONS

SPORTS SNACK PACKS

We will be making snack packs for Sheldon students involved in activities. We would like to collect Gatorade and granola bars. Please bring these items and place them in the labeled tub in the Fellowship Hall.



Collection for NCC Thunder Cupboard

We will be collecting items through November 8.

Please see the list of items below. Marked tubs will be placed in the Fellowship Hall. Other items are welcome as well!

- Sugar
- Wheat flour
- Pasta
- White rice
- Brown rice
- Cooking oil
- Cereal
- Bread
- Juice
- Kidney/pinto beans
- Pancake mix
- Peanut butter
- Jelly
- Ramen noodles
- Tea
- Coffee
- Spaghetti & other noodles
- Tortillas
- Tomato paste
- Canned chicken
- *Milk*
- *Butter*
- *Eggs*
- ◊ *Bananas*
- ◊ *Apples*
- ◊ *Oranges*
- ◊ *Tomatoes*
- ◊ *Potatoes*
- ◊ *Onions*

Place items that need to be refrigerated () in the south refrigerator in the kitchen. Place fruit & vegetables (◊) on the west counter in the kitchen.