FRC Contact Information

First Reformed Church
1101 7th Street
Sheldon, Iowa 51201
Church Office: 712.324.2130

www.sheldonfirstreformed.com
www.facebook.com/sheldonfirstreformed

Worship Service Broadcast
Tuesday, 4 PM | Local cable Ch. 12
Sunday, 10 AM | Radio 100.7 FM

Pastor Paul Van Maaren
Senior Pastor
paul@sheldonfirstreformed.com
712.324.3311 (home)

Caitie Fagen
Youth Director
caitie@sheldonfirstreformed.com

Shannon Baack
Director of Music & Worship
shannon@sheldonfirstreformed.com

Sami Fox
Director of Children's Discipleship
sami@sheldonfirstreformed.com

Wendy Peelen
Administrative Assistant
wendy@sheldonfirstreformed.com

Deb Zebedee
Mike Kleinwolterink
Custodians

Brenda Godbersen
Volunteer Coordinator
Prayer Chain/E-prayer
brendagodbersen@gmail.com

Gary De Hoogh
Calling Elder - 712.348.2647
gndehoogh@msn.com

SUNDAY SERVANTS

THIS WEEK - November 1

SOUND/VIDEO: Mark, Jessica & Nicole
FIRST IMPRESSIONS TEAM: #1
MORNING COFFEE: Dianne W
ELDER PRAYER: Larry Vander Plaats
FRONT DOOR: Cleiton Zanela
CHILDREN & WORSHIP: Erica W, Brittany P, Kailey J & Natalie J
NURSERY: Deb TC & Cambree DH
SUNDAY SCHOOL NURSERY: Andy & Kelsey C
ORGAN: Jett
VOCALS: Brennan, Maison, Tom Alee, Caitie & Lesa
PIANO: Shelley
BASS: Kristin
DRUMS: Ethan

NEXT WEEK - November 8

SOUND/VIDEO: John, Twyla & Logan
FIRST IMPRESSIONS TEAM: #2
MORNING COFFEE: Donna K
ELDER PRAYER: Steve Van Beek
FRONT DOOR: Galen Blankers
CHILDREN & WORSHIP: Brenda G, Katlyn C, Claire P & Emersan dB
NURSERY: Dan & Lydia TC
SUNDAY SCHOOL NURSERY: Robby & Amanda C
ORGAN: Deanna
VOCALS: Brett, Brian, Marv, Abigail, Shannon & Melissa
PIANO: JoElyn
BASS: Parker
DRUMS: Luke

First Reformed Church

"Building God's Kingdom One Life at a Time"

"Grumbling and Grace"

Exodus 17:1-7

Next Steps Code

November 1, 2026
Sunday School | 10:45-11:30 AM
Worship | 9:30 AM

Online: www.sheldonfirstreformed.com/worshipservices.cfm

GROW

Groups and classes are available for all ages to connect and grow. For more information, visit the Welcome Table or contact Wendy.

SERVE

Sign up for opportunities to serve Sheldon, on a mission trip, or at FRC. Visit the Welcome Table or *sheldonfirstreformed.com.*

GIVE

Giving is an act of worship. You can give by placing your gift in the black offering boxes before worship, text "SFRC" to 833-484-7253, or give online at *sheldonfirstreformed.com/give/.*

YOUTH

Our Wednesday night ministry for 7th & 8th grades will meet at 6:15-7:30 PM. Our high school will meet at 7:45-9 PM. Both meet in the Youth House at the southwest corner of the campus. Contact Caitie at *caitie@sheldonfirstreformed.com* or check for updates on Facebook, frcsheldon-student ministries.

CHILDREN

During worship, childcare is available for children birth-3 years and Children & Worship for kids 3 years–K. During Sunday school hour, classes are available for ages 3+ years. Wednesday night activities for Awana are for ages 3yr - 6th grade. See the Welcome Table for class locations for Sunday school & Wednesday nights. For more information, contact Sami at *sami@sheldonfirstreformed.com*.

WHO WE ARE

FRC provides worship, discipleship and community to grow in faith in Jesus Christ. Together we are building God's kingdom one life at a time.

NEXT STEPS

Can we help you get connected? Stop by the Welcome Table at the front entrance today to learn about opportunities or visit sheldonfirstreformed.com for more info.

WORSHIP

Worship at FRC any Sunday at 9:30 AM and stay for fellowship following the service. Hearing assistance devices are available for use. Please ask a host at the Welcome Table.

SEPTEMBER MONTHLY GIVING

General Fund:	**$ 46,105.79**
Benevolent Fund:	**$ 8,695.05**
2026 Monthly Needs:	**$ 48,842.50**
2026 Annual Budget:	**$ 586,110.06**

Average Attendance/Views: 361/147
September Volunteer Hours: 851.75

THIS WEEK'S ACTIVITIES

Nov 1 **DAYLIGHT SAVINGS TIME ENDS -** Set your clocks back an hour!
PRAISE TEAM PRACTICE: 8:00 AM
CREATIVE MOVEMENT PRACTICE: 4:30 PM

Nov 2 **HANDS OF HOPE MEETING: 6:30 PM** in lounge

Nov 5 **EXECUTIVE TEAM MEETING: 7 AM** in Pastor's Study
SHUT-IN COMMUNION

NEXT WEEK'S ACTIVITIES

Nov 8 **PRAISE TEAM PRACTICE: 8:00 AM**
CREATIVE MOVEMENT PERFORMANCE: Be here @ 8:45 to practice

Nov 9 **CONGREGATIONAL CARE MEETING: 6:00 PM** in lounge

Nov 12 **SHELDON MOBILE FOOD TRUCK: 4:30-6:00 PM** @ Living Water

Nov 14 **FROZEN FOOD DELIVERY:** Kids be here @ assigned times
If you want to pick up your own order, be here @ 10 & LET CAITIE KNOW BEFOREHAND!

OPEN FALL CHILDREN'S DISCIPLESHIP POSITIONS

- 3rd Grade Sunday School Co-Teacher (every other week)
- Awana Sparks (K-2) Large Group Leader (Teach 1x per month)
- Awana Sparks (K-2) Small Group Leader
- Awana T&T (3-6) Small Group Leader

Please contact Sami if you are willing to fill one of these areas at sami@sheldonfirstreformed.com.

YOUTH MINISTRY NEEDS:

- **Middle School Adult Volunteers**

If you have any questions or are willing to help, please contact Caitie at caitie@sheldonfirstreformed.com.

WEEKLY WEDNESDAY - NOVEMBER 4

5:00-6:15 PM: Scalloped Potatoes with Ham or Hot Dogs
(10/28 meal: 161 fed, $290.04 donated)
6:00-7:30 PM: Awana
6:15-7:30 PM: Middle School Youth Group
6:30-7:30 PM: Adult Bible Study
7:30-8:10 PM: Choir Practice
7:45-9:00 PM: High School Youth Group

OUTREACH OPPORTUNITY

As America is celebrating 250 years this year, Sheldon First Reformed Church would like to honor and recognize our community's Veterans and First Responders on Saturday, November 14. We will be serving pancakes and sausage at the Sheldon Community Center from 8:00 AM- 10:00 AM.

We encourage Veterans and those currently serving in our military and the First Responders of our community to attend. We also encourage our community to attend to thank these people for what they have done and currently do. And while doing this, enjoy some pancakes and sausage. If anyone would like to send pictures of those being honored, please send to paul@sheldonfirstreformed.com.

Sound & Camera Techs are needed

- The FRC Worship Sound team is looking for 2 people who are in high school or older to help run the sound board.
- The FRC Worship Camera team is looking for 4 people to run the cameras. Ideally these individuals are in 5th/6th grades, middle school or older.

These duties seem daunting, but are actually much easier than one may think. Your service would generally entail one duty every 1-2 months and training will be provided until you are comfortable to do sound or camera on your own. Interested people, please contact Wendy by talking to her, calling the church (324.2130) or emailing her at wendy@sheldonfirstreformed.com.

Join us as we seek to bless children around the world with the love of Jesus!

Three ways to donate

1. Fill a box for a child. Pack a box with toys, school supplies, hygiene items and fun gifts that will be joy and share God's love.
2. Donate items to be packed during Awana. Purchase the items from a list on the bulletin board. Return them to the box under the table.
3. Donate money to purchase items or sponsor shipping a box. Shipping is $10 per box.

Collection Deadline: November 8

PRAYERS & PRAISES

- Pray for the families of Eric & Rachel Iedema and Mitch & Jessica Jensen as they mourn they death of Jan Iedema, Eric's mom and Mitch's grandma.
- Praise God for those who attended and helped with Trunk or Treat. Pray that the hearts of attendees were touched with the love of Jesus as a result of this event.
- We have multiple in our children's and youth ministries. Pray that God will nudge people to step up and fill these remaining areas.
- Praise God that Betty Gonnerman was able to return home following her recuperation at Sanford Senior Care.
- Pray for Nancy, Jaci and Justin Martens as they mourn the loss of Murray.
- Please continue to pray for others in FRC whom have lost loved ones. That first year without them is hard and prayers often are all we can do to comfort them.
- Continue to pray for those in our church who are fighting cancer: Kathi Stellinga, Bonnie Fonkert, Francine Vander Pol, Nancy Martens and many others. Pray that their treatments will be successful.
- Pray for safety for our farmers and drivers on the roads while harvest continues. Pray that people will be mindful of slow moving vehicles and machinery on the roads.
- Pray for those recovering from broken bones and surgeries.
- Pray for our Veteran's & First Responders appreciation breakfast. Pray that FRC members will help and it will be well attended.
- Pray for God's guidance as we vote for candidates on Tuesday.

Baskets are on the table at the back of the sanctuary (in the narthex) for Alora and Dixie, twin daughters of Don & Emily Tune. Please add items to their baskets by Monday, November 23.

Thanksgiving Eve Offering Goal

The deacons have set our goal for this offering at $130,000. The money donated will go to missions supported by FRC. You may place your offering in the black boxes as usual, or you may give via the website using the pull-down tab.

MARK YOUR CALENDARS

Nov 1 **DAYLIGHT SAVINGS TIME ENDS** - Set your clock back one hour

Nov 3 **LAST DISTRIBUTION DATE FOR COATS FOR KIDS** @ Bethel Reformed

Nov 8 **CREATIVE MOVEMENT PERFORMANCE**
DEADLINE TO BRING ITEMS FOR NCC THUNDER CUPBOARD
COLLECTION DEADLINE FOR OPERATION CHRISTMAS CHILD

Nov 11 **NO FAMILY NIGHT MEAL -** Please attend Soup & Pie Supper
RCYF SOUP & PIE SUPPER: 5:00-7:00 PM

Nov 15 **CHOIR SINGS**

Nov 20-22 **TEC** @ Maurice Reformed Church

Nov 24 **THANKSGIVING EVE SERVICE: 7 PM**

Nov 25 **COMMUNITY THANKSGIVING MEAL @ FRC: 12 PM**

Nov 30 **ANNUAL CONGREGATIONAL MEETING: 7 PM**

ADULT DISCIPLESHIP OPPORTUNITIES

- **Women's Afternoon Bible Study**: Meets on the 3rd Wednesday of the month at 1:30 PM in the church lounge.
- **Women's Evening Circle**: Meets on the 3rd Thursday of the month at 7:00 PM in the church lounge.
- **Adult Bible Study:** Meets on Wednesday nights from 6:30-7:30 PM in the overflow area.

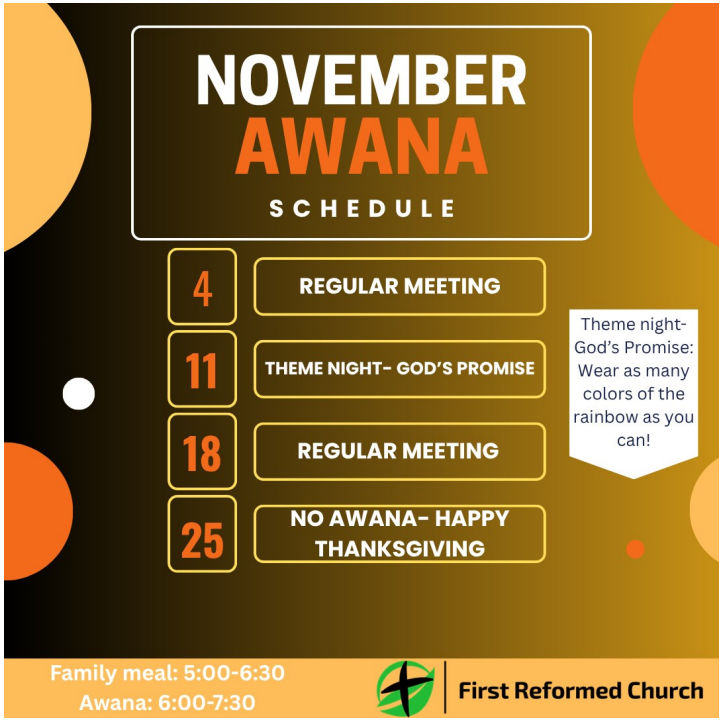
The following meet during the Sunday school hour (10:45-11:30 AM)

- **"The Guide"** - Meets in the Youth House.
- ***"Ecclesiastes - Finding Meaning When Life Feels Meaningless"*** - Meets in room 23 on lower-level.
- ***"Christ Over Culture"*** - Meets in room 22 on lower-level.
- ***"New Members Class"*** - Meets in room 34 on upper-level.
- ***"Study of Daniel"*** - Meets in Room 21 on lower-level.
- **"Couples of the Old Testament"** - Meets in the Ark Room (large space) on lower-level.

OUTREACH COLLECTIONS

SPORTS SNACK PACKS

We will be making snack packs for Sheldon students involved in activities. We would like to collect Gatorade and granola bars. Please bring these items and place them in the labeled tub in the Fellowship Hall.



Collection for NCC Thunder Cupboard

We will be collecting items through November 8.

Please see the list of items below. Marked tubs will be placed in the Fellowship Hall. Other items are welcome as well!

- Sugar
- Wheat flour
- Pasta
- White rice
- Brown rice
- Cooking oil
- Cereal
- Bread
- Juice
- Kidney/pinto beans
- Pancake mix
- Peanut butter
- Jelly
- Ramen noodles
- Tea
- Coffee
- Spaghetti & other noodles
- Tortillas
- Tomato paste
- Canned chicken
- *Milk*
- *Butter*
- *Eggs*
- ◊ *Bananas*
- ◊ *Apples*
- ◊ *Oranges*
- ◊ *Tomatoes*
- ◊ *Potatoes*
- ◊ *Onions*

Place items that need to be refrigerated (🌀) in the south refrigerator in the kitchen. Place fruit & vegetables (◊) on the west counter in the kitchen.